2019 PRODUCT CATALOG

Researched Nutritionals
solutions for life

BDNF Essentials
Neuroplasticity Support Formula®
- Promotes Healthy BDNF Function*®
- Supports Normal Cognitive Levels®
- Supports Healthy Cognitive Function*®
Dietary Supplement • 120 capsules

ATP ™
Next Generation Mitochondrial Complex™
- Supports Energy Cycle & Cell Membrane*®
- Promotes Healthy Mitochondrial Growth*®
- GMO-free
Dietary Supplement • 60 capsules

C-RLA™
Vanilla Caramel
Liposomal Vitamin C and R-Lipoic Acid
- High Dose Vitamin C
- Pure & Liposomal
- GMO-free
Dietary Supplement • 30 capsules

HistaQuel™
Comprehensive Allergy Support®
- Supports Normal Histamine Production®
- Promotes Healthy Mast Cell Function®
- GMO-free
Dietary Supplement • 120 capsules

Online: ResearchedNutritionals.com
Toll Free: (800) 755 3402
WINNER!
OF THE 2018 PHYSICIAN'S CHOICE AWARD

RESEARCHED NUTRITIONALS®

The Physician's Choice Award is bestowed upon companies that embrace naturopathic medicine and support naturopathic physicians, their practices, and patients. Licensed naturopathic doctors* selected Researched Nutritionals® as the top supplement company which they felt provided the very best in quality products, superior customer service, community outreach, and social/environmental impact.

On behalf of the entire Researched Nutritionals' international team, I am pleased to accept this award. We feel our ongoing published clinical research is a key factor in our company being selected for this industry award. We thank all of the doctors who selected Researched Nutritionals, and we look forward to supporting you and your patients with additional high quality clinical research, efficacious product development and industry-leading customer service. We feel there is no honor higher than your practitioner partners selecting Researched Nutritionals for this award.

With highest gratitude and respect,

Dennis Schoen
Founder/CEO
Researched Nutritionals®

Only licensed naturopathic doctors who are residents of the USA & Canada are eligible to participate, with one vote per doctor.
New research demonstrates the adult brain is capable of reorganizing its neural network by forming new connections — and this is known as neuroplasticity. Neuroplasticity means the brain continues to generate new neurons & synapses throughout life, helping the brain heal from injuries.

**KEY ACTIVITIES TO INCREASING NEUROPLASTICITY INCLUDE:**

- Physical Exercise
- Learning New Skills
- Increase BDNF (Brain Derived Neurotrophic Factor)
- Good Nutrition
- Sleep
- Intermittent Fasting

Brain Derived Neurotrophic Factor (BDNF) is one of the key proteins that promote the survival, development and function of neurons. BDNF promotes neuroplasticity, the repair and generation of new neurons as well as supporting healthy telomerase activity.

**BDNF ESSENTIALSTM**, formulated to promote healthy BDNF levels, neuroplasticity and healthy cytokine function, includes the following researched-based nutrients:

- **NeuroCyto Protect™ Blend:**
  - Lions Mane Mushroom, Skullcap, Bilberry, Bacopa, Ashwagandha

- **Cognition Blend:**
  - CDP Choline, Phosphatidylserine
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YOUR PARTNER IN HEALTH
We are a research focused company, starting with
product development and ending with primary
research studies demonstrating the efficacy of
our formulations. Our products are formulated
to meet specific health challenges. Doctors
turn to Researched Nutritionals® for hard hitting
solutions to complicated patient issues.
# ATP Fuel®
## Optimized Energy for Serious Mitochondrial Needs

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size 5 Capsules</th>
<th>Servings Per Container 30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Per Serving</td>
<td>% Daily Value**</td>
</tr>
<tr>
<td>Vitamin E (as d-alpha tocopheryl acid succinate)</td>
<td>17 mg</td>
</tr>
<tr>
<td>Calcium (from Mitochondrial Pro Regulator™ Blend)</td>
<td>137 mg</td>
</tr>
<tr>
<td>Phosphorus (from Mitochondrial Pro Regulator™ Blend)</td>
<td>37 mg</td>
</tr>
<tr>
<td>Magnesium (from Mitochondrial Pro Regulator™ Blend)</td>
<td>41 mg</td>
</tr>
<tr>
<td>NT Factor® Proprietary Blend: NT Factor Lipids® (Pat.No. 8,877,239)</td>
<td>432 mg</td>
</tr>
<tr>
<td>Fructose-oligosaccharides, Rice Bran Extract, Opti MSM®, Bromelain, Sulfur, Pantethine, Inositol, L-Arginine, L-Glycine, Taurine, Alpha Lipoic Acid, Garlic, Spinacia, Beet Root Fiber, Bilflodobacterium bifidum, Leeks Stem powder, Lactobacillus acidophilus, Blackstrap Molasses, Barley</td>
<td>2,000 mg</td>
</tr>
<tr>
<td>Krebs Cycle Glucose Absorb™</td>
<td>180 mg</td>
</tr>
<tr>
<td>Alpha ketoglutaric acid, L-Tyrosine</td>
<td>141 mg</td>
</tr>
<tr>
<td>RN Fatty Acid Metabolism™ Carnipure® L-Carnitine L-tartrate, Pantethine (a Coenzyme A Precursor)</td>
<td>35 mg</td>
</tr>
<tr>
<td>Krebs Energy Foundation™ Coenzyme Q10 and stabilized NADH</td>
<td>41 mg</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Gelatin, calcium palmitate, rice flour.

**Contains:** Ingredients derived from soy.

**Free of:** Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and gluten.

**Features & Benefits***

ATP Fuel® was formulated to promote healthy mitochondrial membrane function and maximize the Krebs cycle of cellular energy production. The NT Factor® Energy portion of this product is our unique phospholipid (i.e. choline, serine and other lipids) delivery system which nurtures the body’s mitochondrial membrane repair process, promoting healthy mitochondrial function and healthier oxidative stress levels. The Krebs Energy Foundation™ features stabilized NADH and CoQ10 to maximize cellular energy levels.

**Suggested Use**

Take five capsules 30 minutes before breakfast and five capsules before lunch or dinner (ten capsules per day) for the first two months, and five capsules before breakfast in month 3 and beyond. It is important to keep with the protocol for the first two months so that enough cell membranes are repaired — which will allow the patient to feel the difference. This equates to 2 bottles per month for each of the first two months, and 1 bottle per month thereafter.

**Cautions**

If pregnant or nursing, consult your health care professional before use.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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**Each Capsule Includes:**

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>NT Factor Energy™</td>
<td>Combination of the following complexes: NT Factor® Maximum Potency® - stabilized phospholipid delivery system, combined with pre and probiotics Mitochondrial Pro Regulator™ Krebs Cycle Glucose Absorb™ RN Fatty Acid Metabolism™</td>
<td>- Repairs mitochondrial membranes - Supports the electron transport chain in producing higher levels of ATP - Allows more nutrients into the mitochondria to produce more ATP - Reduces oxidative stress - Optimizes mitochondrial function - Propels the burning of glucose, creating energy &amp; removal of excess ammonia which can cause fatigue - Maximizes ATP production by regulating fatty acid build up</td>
</tr>
<tr>
<td>NADH</td>
<td>NADH is the reduced (electron-energy rich) coenzyme form of vitamin B3 or B-Nicotinamide Adenine Dinucleotide</td>
<td>- One unit of NADH creates three units of ATP (the body’s energy fuel) - Fundamental in the chemical process of converting the food we eat into cellular energy - Source of readily transferable electrons - This “reducing” power (its ability to donate electrons) is what drives ATP production - Promotes healthy emotional balance - We stabilize our NADH with chlorophyll and microencapsulate it to resist gastric acids</td>
</tr>
<tr>
<td>CoQ10</td>
<td>Mitochondrial energizer</td>
<td>- Recharges the energy system in the heart and other body cells - Involved in preventing low-density lipoproteins, or LDL (‘bad’ cholesterol), from becoming oxidized, which helps protect the arteries - Promotes healthy cardiovascular function &amp; gum health - Potent antioxidant</td>
</tr>
</tbody>
</table>
Next Generation Mitochondrial Complex

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>3 Capsules</th>
<th>Servings Per Container</th>
<th>30</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value*</th>
</tr>
</thead>
</table>

**Vitamin C** (from Membrane Restore™ Blend) 100 mg    111%
**Thiamin** (from Membrane Restore™ Blend) 50 mg    4167%
**Riboflavin** (from Membrane Potential™ Blend) 65 mg    5000%
**Magnesium** (from Krebs Plus Foundation™ Blend) 50 mg    12%

**Membrane Potential™**
CoQ10, Riboflavin-5-Phosphate, Panmol™ (NADH).

**Membrane Restore™**
Phosphatidylcholine, Ascorbic Acid, DeltaGold™ tocotrienols.

**Krebs Plus Foundation™**
R-Lipoic Acid, Alpha Ketoglutaric Acid, Magnesium (as Di-Magnesium Malate), Thiamine HCl.

**Mitogenesis RN™**
Acetyl-L-Carnitine, PQQ (Pyroloquinoline Quinine).

**Other Ingredients:** Hypromellose (vegetable capsule), rice hull extract, calcium carbonate, and mineral silica.

Contains: Ingredients derived from soy.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten.

Features & Benefits*

Mitochondrial health can be influenced by a multitude of environmental factors. To improve mitochondrial function, both the number of mitochondria and the function of mitochondria need to be supported. ATP 360™ was designed to offer complete mitochondrial support including promoting normal mitochondrial growth, supporting a healthy mitochondrial membrane, and supplying the necessary cofactors for optimal cellular energy production. Preliminary in vitro research has shown ATP 360™ to increase mitochondrial mass, promote ATP production and help provide protection of the mitochondria during exposure to oxidative stress and low oxygen.

Suggested Use

Take 3 capsules once daily with or without food.

Cautions

If pregnant or nursing, consult your health care professional before use.

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membrane Potential™</td>
<td>CoQ10, Riboflavin-5-Phosphate, Panmol™ (NADH)</td>
<td>• Supports the electron transport chain, forms ATP cellular energy &amp; provides High dose CoQ10</td>
</tr>
<tr>
<td>Membrane Restore™</td>
<td>Phosphatidylcholine, Ascorbic Acid, DeltaGold™ tocotrienols</td>
<td>• Restores mitochondrial membranes &amp; reduces oxidative stress</td>
</tr>
<tr>
<td>Krebs Plus Foundation™</td>
<td>R-Lipoic Acid, Alpha Ketoglutaric Acid, Magnesium, Thiamine</td>
<td>• Key nutrients to support the Krebs cycle</td>
</tr>
<tr>
<td>Mitogenesis RN™</td>
<td>Acetyl-L-Carnitine, PQQ (Pyroloquinoline Quinine)</td>
<td>• Supports new mitochondria formation &amp; helps increase mitochondrial mass supporting healthy function</td>
</tr>
</tbody>
</table>
Supplement Facts

Serving Size: 3 Capsules  Servings Per Container: 30

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
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<tbody>
<tr>
<td>Vitamin B12 (as methylcobalamin)</td>
<td>500 mcg</td>
</tr>
<tr>
<td>Pantothenic Acid (as d-calcium pantothenate)</td>
<td>25 mg</td>
</tr>
<tr>
<td>Magnesium (as magnesium aspartate)</td>
<td>24 mg</td>
</tr>
<tr>
<td>Potassiums (as potassium aspartate)</td>
<td>80 mg</td>
</tr>
<tr>
<td>Energymax™ Complex</td>
<td>250 mg</td>
</tr>
<tr>
<td>D-Ribose, Panax Ginseng</td>
<td>†</td>
</tr>
<tr>
<td>MuscularEnergy™ Complex</td>
<td>350 mg</td>
</tr>
<tr>
<td>Malic Acid, Rhodiola Rosea</td>
<td>†</td>
</tr>
<tr>
<td>Mitochondria Energizer™ Complex</td>
<td>700 mg</td>
</tr>
<tr>
<td>Acetyl L-Carnitine, Alpha Lipoic Acid</td>
<td>†</td>
</tr>
<tr>
<td>Metabolism Plus™ Complex</td>
<td>110 mg</td>
</tr>
<tr>
<td>Pyruvic Acid, 7-Keto DHEA</td>
<td>†</td>
</tr>
<tr>
<td>(3-Acetyl-7-oxo-dehydroepiandrosterone)</td>
<td>[184x677]</td>
</tr>
<tr>
<td>Heartstrong™ Complex</td>
<td>580 mg</td>
</tr>
<tr>
<td>Co-Enzyme Q-10, L-Taurine</td>
<td>†</td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule shell), cellulose, silica.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

Features & Benefits*

Energy Multi-Plex™ provides a comprehensive adrenal support formula with proprietary blends of the most researched nutrients.

Suggested Use

As a dietary supplement, take three capsules per day with or without meals or as directed by your health care professional. May be taken at the same time or throughout the day.

Cautions

Pregnant and nursing women should not take unless instructed to by their health care professional. Consult health care professional for use on children. Due to blood thinning effects of Ginseng, do not combine with anticoagulant drugs such as Coumadin® or with anti-inflammatory drugs that tend to cause bleeding including Aleve®, Anaprox®, Indocin®, Motrin®, Naprosyn®, Orudis®. D-ribose may also reduce blood sugar levels of diabetics.
NT Factor® Energy
Mitochondrial Support Formula

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>2 Tablets</th>
<th>Servings Per Container</th>
<th>45</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Per Serving</td>
<td>% Daily Value*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vitamin E (as d-alpha tocopheryl acid succinate)</td>
<td>17 mg</td>
<td>110%</td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>143 mg</td>
<td>11%</td>
<td></td>
</tr>
<tr>
<td>Phosphorus (from Mitochondrial Pro Regulator™ Blend)</td>
<td>49 mg</td>
<td>4%</td>
<td></td>
</tr>
</tbody>
</table>

**NT Factor® Proprietary Blend: NT Factor Lipids® (Pat.No. 8,877,239),**
Fructo-oligosaccharides, Rice Bran Extract, Opti MSM®, Bromelain, Sulfur, Pantethine, Inositol, L-Arginine, L-Glycine, Taurine, Alpha Lipids, Acid, Garlic, Spinulina, Beet Root Fiber, Bifidobacterium bifidum, Leeks Stem powder, Lactobacillus acidophilus, Blackstrap Molasses, Boron (as Bolorganic™ glycine). 1,500 mg  †

**Mitochondrial Pro Regulator™**

Opti MSM®, Calcium (as dicalcium phosphate, calcium citrate and calcium pyruvate), Phosphorus (as dicalcium phosphate). 355 mg  †

**Krebs Cycle Glucose Absorb™**

Alpha-Ketoglutaric acid, L-Tyrosine 180 mg  †

**RN Fatty Acid Metabolizer™**

L-Carnipure® L-Carnitine L-tartrate, Pantethine (a Coenzyme A Precursor) 128 mg  †

**L-Carnipure® L-Carnitine L-tartrate, Pantethine (a Coenzyme A Precursor)** 49 mg  4%

**Other ingredients:** Vegetable stearic acid, croscarmellose sodium, calcium palmitate, microcrystalline cellulose, silicon dioxide and pharmaceutical glaze.

**Contains:** Ingredients derived from soy.

**Free of:** Milk eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and gluten.

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### Features & Benefits*

NT Factor® Energy promotes mitochondrial membrane repair, improving nutrient delivery to the mitochondria for healthy energy. This stabilized phospholipid matrix, wrapped in pre and probiotics is optimized with nutrients for mitochondrial regulation, glucose absorption and fatty acid metabolism.

**Maximum potency formulated for optimized absorption.**

### Suggested Use

Two tablets with each meal (6 tablets per day) for the first two months, and one tablet with each meal in month 3 and beyond. For severe fatigue, increase to three tablets with each meal (9 tablets per day) for the first two months, and one tablet with each meal in month 3 and beyond. It is important to keep with the protocol for the first two months so that enough cell membranes are repaired which will allow the patient to feel the difference. This equates to 2 bottles per month for each of the first two months, and 1 bottle per month thereafter.

### Cautions

If pregnant or nursing, consult your health care professional before use.
CoQ10 Power™
High Absorption Softgel

Features & Benefits*
CoQ10 Power™ provides a GMO-free, Soy-free therapeutic strength of CoQ10 in a convenient and absorbable softgel delivery system.

Suggested Use
As a dietary supplement, take one to three softgels per day with or without meals or as directed by your health care professional.

Cautions
Should not be used while patient is taking prescription drug atovaquone (Mepron®). If pregnant or nursing, consult your health care professional before use.

Ubiquinol Super 200™
CoQ10 for Enhanced Absorption

Features & Benefits*
Ubiquinol Super 200™ offers the patient 200 mg of the reduced form of CoQ10 for its primary antioxidant role. As people age, CoQ10 becomes more difficult to absorb. This reduced form of CoQ10 improves absorption, while offering an affordable option for those seeking the benefits of CoQ10 in the ubiquinol form.

Suggested Use
As a dietary supplement, take one to two capsules daily, preferably with a meal.

Cautions
If pregnant or nursing, consult your health care professional before use.
RibosCardio™ with CardioPerform™
Supports Healthy ATP for Every Body

Features & Benefits*

RibosCardio™ has been formulated, based on Steven Sinatra MD’s work1, with CardioPerform™, a potent blend of L-carnitine (transports fuel into the heart to be burned as energy) and Acetyl L-carnitine (improves heart & brain health, protecting against oxidative damage), plus the patented form of D-ribose, malic acid and magnesium gluconate to optimize energy production and synthesis. Published research shows our patented form of D-ribose may be an effective adjunct in promoting cardiovascular, skeletal muscle, and neurological health. With heart patients, D-ribose has been found effective in restoring energy, improving ventilatory efficiency, oxygen uptake, stroke volume, diastolic function, physical performance, and quality of life. In neuromuscular disease, D-ribose helps to reduce pain, overcome fatigue, increase exercise tolerance, and help patients live more normal, active lives.

Suggested Use

Add one level scoop (two and one-half teaspoons) to 4-8 ounces of water or juice, stir briskly and drink. As an alternative, sprinkle on cereal, fruit or applesauce. Normal dosage is twice daily. Up to 4 doses per day may be taken as needed. If moderate to severe symptoms are present, it is recommended that at least three doses per day be taken for the first two weeks before reducing dosage to twice per day. For best results, all doses should be taken no later than 3:00 PM. Continued use is required to maintain the benefits of RibosCardio™.

Cautions

Insulin-dependent diabetics, pregnant women or patients with elevated uric acid levels should consult their physician before use.

1 Dr. Sinatra has no financial relationship with Researched Nutritional's®.
**Transfer Factor Multi-Immune™**

**Natural Killer Cell Formula**

**Features & Benefits***

Transfer Factor Multi-Immune™ provides an advanced comprehensive immune support formula, promoting healthy natural killer cells, macrophage, T-cells, and cell division. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

**Suggested Use**

As a dietary supplement, take three capsules away from meals (one hour before eating or two hours after eating) or as directed by your health care professional.

**Cautions**

If pregnant or nursing, consult your health care professional before use.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 3 Capsules</th>
<th>Servings Per Container: 30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Per Serving</td>
<td>% Daily Value**</td>
</tr>
<tr>
<td>Zinc (as zinc citrate)</td>
<td>15 mg 136%</td>
</tr>
<tr>
<td>Selenium (as l-selenomethionine)</td>
<td>70 mcg 127%</td>
</tr>
</tbody>
</table>

**Transfer Factor Multi-Immune™** 1083 mg

- NK Maximizer Bioplex™
  - Proprietary super blend of transfer factor, larch arabinogalactan, IP-6, shiitake and maitake mushrooms
  - Promotes healthy NK cell levels & immune modulation
  - Engulfs foreign particles in blood stream and tissues
  - Promotes metal chelation to prevent buildup of minerals which may weaken immune system

- Macrophage & T-Cell Pro Blend™
  - Proprietary blend of TMG, beta glucan, and astragalus
  - Activates white blood cells known as macrophages and neutrophils
  - Provides one of the immune system’s first line of defense against foreign invaders
  - Removes cellular debris & speeds up recovery of damaged tissue
  - Promotes healthy T-cell function, cellular replication, and liver function

- Healthy Cell GTP™
  - Proprietary blend of potent green tea and pomegranate extracts
  - Promotes healthy cell division
  - Supports body’s malignant cell apoptosis response
  - Effective antioxidant properties

- Zinc, Selenium
  - Integrated blend of key immune nutrients
  - Strengthens immune function
  - Promotes normal cell growth
  - Boosts antioxidant levels

**Other Ingredients:**
- gelatin (capsule shell), silica.
- Contains: Ingredients derived from milk.
- Free of: Eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.
Features & Benefits*
Transfer Factor Multi-Immune™ provides an advanced comprehensive immune support formula, promoting healthy natural killer cells, macrophage, T-cells, and cell division. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

Suggested Use
As a dietary supplement, take three capsules away from meals (one hour before eating or two hours after eating) or as directed by your health care professional.

Cautions
If pregnant or nursing, consult your health care professional before use.

Transfer Factor Sensitive™
Natural Killer Cell Formula (Mushroom and Herb Free)

Features & Benefits*
Transfer Factor Sensitive™ provides an advanced immune support formula, promoting healthy natural killer cell function. Product may be used as a daily-use supplement to promote and maintain healthy natural killer cell function as well as providing additional support to the immune system during acute health challenges.

Suggested Use
As a dietary supplement, take two capsules away from meals (one hour before eating or two hours after eating) or as directed by your health care professional.

Cautions
If pregnant or nursing, consult your health care professional before use.
**Transfer Factor PlasMyc™**

**Targeted Immune Support for Fatigue**

**Features & Benefits***
Transfer Factor PlasMyc™ provides the physician with a targeted formula developed to support the body’s immune system.

**Suggested Use**
As a dietary supplement, take on an empty stomach (two hours after eating or one hour before eating) or as directed by your health care professional.

**Week 1:** one gelcap per day

**Week 2 & beyond:** two gelcaps per day

**Cautions**
Not indicated for use during pregnancy.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Immune PM™</td>
<td>262 mg</td>
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</tbody>
</table>

Proprietary blend of IP-6 (from rice bran), Beta Glucan (from baker’s yeast), and targeted transfer factors & PRP’s (from colostrum).

**Other Ingredients:** Gelatin (capsule), rice flour, vegetable stearate, silica.

Contains: Ingredients derived from milk.

Free of: Eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

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**Transfer Factor L-Plus™**

**Tick-Born Nutritional Support**

**Features & Benefits***
Transfer Factor L-Plus™ provides the physician with a targeted formula developed to support the body’s immune system.

**Suggested Use**
As a dietary supplement, take on an empty stomach (two hours after eating or one hour before eating) or as directed by your health care professional.

**Week 1:** one gelcap per day

**Week 2 & beyond:** two gelcaps per day

**Cautions**
Not indicated for use during pregnancy.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Immune LP™</td>
<td>262 mg</td>
</tr>
</tbody>
</table>

Proprietary blend of IP-6 (from rice bran), Beta Glucan (from baker’s yeast), and targeted transfer factors & PRP’s (from colostrum).

**Other Ingredients:** Gelatin (capsule), rice flour, vegetable stearate, silica.

Contains: Ingredients derived from milk.

Free of: Eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.
**Transfer Factor Enviro™**

Promote Healthy Immune Response to Environmental Challenges

**Features & Benefits***
Transfer Factor Enviro™ provides the physician with a targeted formula developed to promote a healthy response to environmental challenges.

**Suggested Use**
As a dietary supplement, take on an empty stomach (two hours after eating or one hour before eating) or as directed by your health care professional.

**Week 1:** one gelcap per day  
**Week 2 & beyond:** two gelcaps per day

**Cautions**
Not indicated for use during pregnancy.

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**Artemisinin Solo™**

Pure Artemisinin

**Features & Benefits***
Artemisinin Solo™ contains pure artemisinin for targeted immune support, and to promote healthy NF-kB levels. Our artemisinin is the active constituent derived from the herb, *Artemisia annua* (sweet wormwood), which has been used for centuries for its health-promoting properties. To provide a 100% vegan formulation, this product is encased in a vegetarian capsule.

**Suggested Use**
As a dietary supplement, take 1 or 2 capsules one or two times daily, away from food and iron or as directed by a health care professional.

**Cautions**
Not indicated for pregnant or nursing women. Long term administration (greater than one month) should be monitored by health care professional and include liver enzymes and hemoglobin testing. Detoxification reactions may be experienced by some individuals.
Artemisinin SOD™
Multi-Functional Formula

Features & Benefits*
Artemisinin SOD™ combines pure artemisinin for immune support, green tea extract to promote healthy levels of SOD (superoxide dismutase), curcumin and quercetin for their healthy impact on inflammation and resulting inhibitory affect on NF kappa B, and black walnut hull to arm the body’s anti-parasitic arsenal. CurcuWIN™ combines curcumin with a hydrophilic (allowing it to disperse in water) carrier, using the UltraSOL™ molecular dispersion technology. UltraSOL converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients, the key to the published clinical research showing superior bioavailability versus any other form of curcumin.

Suggested Use
As a dietary supplement, take 1 or 2 capsules one or two times daily, away from food containing Iron or as directed by a health care professional.

Cautions
Not indicated for pregnant or nursing women. Long term administration (greater than one month) should be monitored by health care professional and include liver enzymes and hemoglobin testing. Detoxification reactions may be experienced by some individuals.

Each Capsule Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Artemisinin</td>
<td>98.5% pure Artemisia anua (sweet wormwood)</td>
<td>• Purest form of artemisinin for greatest efficacy</td>
</tr>
</tbody>
</table>
| Pro SOD Complex™| Proprietary blend of high absorption CurcuWIN™ turmeric extract, Quercetin, Decaffeinated Green Tea Extract, Black Walnut Hull | • Promotes healthy inflammation levels  
• Supports body’s goal of inhibiting and/or maintaining healthy NF-k Beta level  
• Natures body’s ability to promote healthy Superoxide Dismutase (SOD) levels to fight reactive oxygen species  
• Advances the body’s natural ability to fight parasites |

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Boluoke®
Healthy Coagulation

Features & Benefits*
Boluoke® (lumbrokinase) is the only fully researched oral enzyme on the market supporting a healthier blood state, and it shows great promise in supporting a healthy coagulation/fibrinolysis balance in the body. Lumbrokinase is a preparation containing multiple enzyme fractions. The high quality extraction and purification methods used to produce Boluoke® ensure a consistent standardized product, guaranteeing the highest enzymatic strength. This is also the reason why Boluoke® does not significantly affect blood tests like prothrombin time (PT) or activated partial thromboplastin time (aPTT), while other lumbrokinase products may affect the test results.

Suggested Use
As a dietary supplement, if Boluoke® is to be taken for chronic conditions, it should be taken at the dose of 1 capsule one to three times daily on an empty stomach. However, the practitioner may recommend 2 capsules three times daily for 3 to 6 weeks in conditions with severe hypoperfusion.

Cautions
Lumbrokinase strongly inhibits adhesion molecules on platelets. Thus it is advised that lumbrokinase not be taken concurrently with other strong antiplatelet medications like Plavix® or Ticlid®. General contra-indications for Boluoke® are: allergy to lumbrokinase or earthworm; recent surgery, lumbar puncture, or arterial puncture; trauma; aneurysm; active internal bleeding or GI ulceration; or any other bleeding disorders. The patient should stop Boluoke® 1 week prior to surgery, and should be able to resume taking Boluoke® 15 days after surgery or at the physician’s discretion.

Each Capsule Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 mg of the active ingredient</td>
<td>Standardized potency in every capsule</td>
<td>• Highest level of pure Lumbrokinase (active ingredient versus other non-essential nutrients) available</td>
</tr>
<tr>
<td>Promotes healthy coagulation</td>
<td>Proper thickness of the blood</td>
<td>• Promotes healthy blood state by its ability to solubolize or break down excess fibrin</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• healthy fibrin levels mean the blood moves freely, without excess fibrin getting deposited on capillary walls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• healthy fibrin levels allow blood to flow without being impeded so that oxygen and nutrients maybe delivered throughout the body, as well as to move wastes from the tissues into the bloodstream</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• pharmalogicals and nutriceuticals require free blood flow for optimal patient benefit</td>
</tr>
<tr>
<td>Supports body’s antibiofilm process</td>
<td>Lumbrokinase enzyme to break down</td>
<td>• Supports body’s fight against biofilms by breaking down excess fibrin, a key component of biofilms</td>
</tr>
<tr>
<td>Clinically studied in double blind controlled studies</td>
<td>NA</td>
<td>• The research on lumbrokinase is on this brand, only - this research is often “borrowed” and applied to other products</td>
</tr>
<tr>
<td>Lumbrokinase has been safely used together with Heparin® or Coumadin® in various clinical studies</td>
<td>NA</td>
<td>• Does not have adverse drug interactions nor increase the chance of bleeding other than what is inherent to other blood thinners</td>
</tr>
</tbody>
</table>

Supplement Facts
Serving Size: 1 Capsule
Servings per Container: 120

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proprietary earthworm protein extract (Containing 300,000 LK units)</td>
<td>~20 mg</td>
</tr>
<tr>
<td>* Daily Value not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Acid resistant hypromellose capsules, microcrystalline cellulose

Product No.
BD202 - 60 capsules
BD260 - 120 capsules

COAGULATION SUPPORT
**HeliGuard™**  
*Targeted Gastric Support*

**Features & Benefits**

Scientific studies and articles in trade publications have focused attention on how bacterial strains are mutating at a faster rate than our current new antibiotic product development, rendering many bacterial strains resistant to the current antibiotic arsenal. All bacteria treated with conventional antibiotics will eventually develop antibiotic resistance over time. The medical community is increasing physician education about the over-prescribing of antibiotics and patients not following through on complete cycles of antibiotics as key contributors to this problem. HeliGuard™ combines four nutrients with published clinical research in the area of promoting a healthy response to bacterial stomach challenges. This unique formulation may be used as a stand-alone or to support a more traditional antimicrobial gut protocol. As a multi-faceted product, it is designed to promote healthy gut microbial balance, support the body’s normal gut biofilm defense & gastric mucosal balance.

**Suggested Use**  
Take 3 capsules once per day at least 30 minutes before eating.

**Cautions**  
If pregnant or nursing, consult your health care professional before use.

---

**Each Capsule Includes:**

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPG Pro Microbial Blend™</td>
<td>N-Acetyl Cysteine</td>
<td>• Clinically published research as an adjunctive therapy to potentiate antibiotic benefit</td>
</tr>
</tbody>
</table>
| Green Tea Extract | | • Supports healthy gastric mucosal function  
| | | • Promotes healthy urease enzyme levels, leading to normal gastric levels |
| CurcuWIN™ turmeric extract | | • Published research demonstrating highest bioavailable form of turmeric  
| | | • Nutrient’s antioxidant properties and support of healthy inflammation levels promote healthy gastric tissue  
| | | • Published research indicating curcumin as beneficial adjunctive use |
| GutGard® DGL (Glycyrrhiza glabra) | | • Published double blind placebo controlled clinical research demonstrated support of stomach microbial health  
| | | • Unique flavonoid-rich form of Glycyrrhiza glabra (licorice root), providing efficacy at a fraction of the amount used in standard licorice products (high concentration in very low dose means safe long term use)  
| | | • Standard water extraction, used in removing glycyrrhizin (deglycyrrhizinized or known as DGL) from licorice products, leaves the extract devoid of flavonoids. GutGard® is a flavonoid-rich ingredient (the active ingredient in GutGard®) vs. the standard DGL which relies on glycyrrhizin as the active. |

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>GS Complex</td>
<td>1300 mg</td>
</tr>
<tr>
<td>N-Acetyl Cysteine, Green Tea Extract (Decaffeinated), CurcuWin™ Turmeric Extract, GutGard® Deglycyrrhizinized Licorice</td>
<td></td>
</tr>
</tbody>
</table>

**Other Ingredients:** Cellulose (capsule shell), rice concentrate.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.*
Microbinate®
General Microbial Support*

Features & Benefits*
Scientific studies and articles in trade publications have focused attention on how bacterial strains are mutating at a faster rate than our current new antibiotic product development, rendering many bacterial strains resistant to the current antibiotic arsenal. All bacteria treated with conventional antibiotics will develop antibiotic resistance over time. The medical community is increasing physician education about the over prescribing of antibiotics and patients not following through on complete cycles of antibiotics as key contributors to this problem.

Microbinate® combines nature’s most potent and well-researched nutrients into one formulation. Our formulators selected specific ingredient forms (i.e. we use a well-researched stabilized allicin versus inexpensive garlic powder or oil based products with little or no allicin content) to provide the most efficacious combination product. Microbinate® is designed to promote the body’s healthy response to microbial challenges, internally and externally.

Suggested Use
Take one capsule twice per day for the first week, and two capsules twice per day in week two and beyond. For optimal results, take away from meals.

Cautions
Not indicated for pregnant women.

Each Capsule Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>MB™ Blend</td>
<td>Oregano Extract Powder 30% Carvacrol</td>
<td>• Most potent &amp; expensive raw material with highest carvacrol content</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Support body’s internal fight against pathogens</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Promotes healthy skin response to external challenges</td>
</tr>
<tr>
<td>Monolaurin</td>
<td></td>
<td>• Coconut acid derivative which promotes healthy skin and internal immune response</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Lauric acid is converted to the mono-glyceride, via an enzyme, creating the bioavailable Monolaurin.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• We deliver this nutrient in the preferred Monolaurin form</td>
</tr>
<tr>
<td>Olive Leaf Extract</td>
<td></td>
<td>• Contains d-linenolate, one of nature’s powerful natural antibiotics</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Supports the body’s internal defenses</td>
</tr>
<tr>
<td>Stabilized Allicin</td>
<td></td>
<td>• Stabilized to ensure active allicin content versus garlic powder</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Sourced in southern Europe, the bulbs must meet minimum allicin content, measured by HPLC before production</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Kept under constant pressure, water filtered (solvent-free) &amp; low-temperature dried</td>
</tr>
<tr>
<td>CurcuWIN™ turmeric extract</td>
<td></td>
<td>• Promotes healthy inflammation levels &amp; healthy skin response to external challenges</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Published research demonstrating highest bioavailable form of turmeric</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• CurcuWIN combines curcumin with a hydrophilic (allowing it to disperse in water) carrier, using the UltraSOL™ molecular dispersion technology. UltraSOL converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients.</td>
</tr>
</tbody>
</table>

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 60

<table>
<thead>
<tr>
<th>Proprietary MB® Blend</th>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oregano Extract Powder (30% Carvacrol)</td>
<td>1160 mg †</td>
<td></td>
</tr>
<tr>
<td>Monolaurin (Glyceryl Monolaurate)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Olive Leaf Extract (18% Oleuropein)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stabilized Allicin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CurcuWIN™ Turmeric Extract</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Vegetarian cellulose, silicon dioxide.
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.
**Crypto-Plus™**

**Targeted Microbial Support***

**Supplement Facts**

**Serving Size:** 40 drops  
**Servings Per Container:** 60

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proprietary Herbal Blend:</td>
<td>200 mg</td>
</tr>
<tr>
<td>Cryptolepis Sanguinolenta, Lomatium dissectum, Ceanothus americanus (Red Root), Juglans nigra (Black Walnut Hulls), Stillingia sylvatica</td>
<td>†</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

**Free of:** Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

---

**Myc-P™**

**Targeted Microbial Support***

**Supplement Facts**

**Serving Size:** 40 drops  
**Servings Per Container:** Approx 60

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proprietary Herbal Blend:</td>
<td>280 mg</td>
</tr>
<tr>
<td>Isatis Indigotica (Isatis Root), Cordyceps Sinensis (Cordyceps), Houttuynia Cordata (Houttuynia), Scutellaria Baicalensis (Chinese Skullcap Root), Uncaria Tomentosa (Cat’s Claw Bark), Sida Acuta (Sida Acuta Leaf), Arctostaphylos Uva-Ursi (Bearberry), Stillingia Sylvatica (Stillingia Root)</td>
<td>†</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

**Free of:** Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

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**BLt™**

**Targeted Microbial Support***

**Supplement Facts**

**Serving Size:** 40 drops  
**Servings Per Container:** 60

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proprietary Herbal Blend:</td>
<td>205 mg</td>
</tr>
<tr>
<td>Ceanothus americanus (Red Root), Simalax medica (Sarsaparilla), Lomatium dissectum, Eupatorium perfoliatum ( Boneset), Dipsacus fullonum (Teasel), Stillingia sylvatica, Juglans nigra (Black Walnut Hulls)</td>
<td>†</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Distilled water, organic cane alcohol (20%), non-GMO sunflower phospholipids.

**Free of:** Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

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HERBAL TINCTURES
WITH ADVANCED PHOSPHOLIPID ABSORPTION

Features & Benefits*
Researched Nutritionals® line of tinctures have been physician formulated to be used as standalone or adjunctive support. Combining science & technical botanical learnings with a powerful phospholipid delivery system, Researched Nutritionals® tinctures provide the practitioner balanced support with optimal absorption and patient response. May be combined with many pharmacological & nutraceutical preparations. Use the chart below to determine the best tincture for your patient’s needs.

✓ Balanced Organ Support – developed to promote healing and multi-organ support
✓ Peak Absorption – phospholipid delivery complex for maximum nutrient absorption
✓ Superior Herbal Extraction Process – organic cane alcohol is the preferred extraction process for alkaloid containing roots & barks

Suggested Use (all products)
STARTING DOSE FOR ADULTS
Days 1-3
3-5 drops in 1-3 ounces of water in the morning and again in the evening

Days 4 & beyond
Increase 3-5 drops every other day, in both morning and evening doses

For Best Results (all products)
As with any new nutritional supplement, patients should start slowly. Take away from meals and add to 1-3 ounces of water. If patient experiences nausea, have the patient dose the product 15-30 minutes after a light carbohydrate snack.

What to Expect (all products)
Patient reaction to these advanced microbial balancers is similar to what one experiences when starting immune support protocols: some patients experience a “Herxheimer” reaction while others do not. However, a patient who reacts to antibiotics and/or other nutritional protocols should start slowly.

Caution
Do not use during pregnancy or nursing.

Each Serving Promotes the Body’s Healthy*:

<table>
<thead>
<tr>
<th>X - EFFECTIVE</th>
<th>XX-MORE EFFECTIVE</th>
<th>XXX-MOST EFFECTIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTRACELLULAR MICROBE SUPPORT</td>
<td>PARASITIC SUPPORT</td>
<td>IMMUNE SYSTEM SUPPORT</td>
</tr>
<tr>
<td>XX</td>
<td>X</td>
<td>XXX</td>
</tr>
<tr>
<td>X</td>
<td>XXX</td>
<td>XX</td>
</tr>
<tr>
<td>XXX</td>
<td>X</td>
<td>XXX</td>
</tr>
</tbody>
</table>
BioDisrupt™
Comprehensive Microbial Support*

Features & Benefits*
BioDisrupt™ supports the healthy immune system’s ability to target the sophisticated self-defense mechanisms of unwanted extracellular organisms. These organisms have developed a series of advanced mechanisms which allow them to evade immune detection. As part of this system, these organisms assemble into clusters, surround themselves with a protective physical matrix, and communicate among themselves. As a result, many pharmaceutical and nutraceutical immune protocols are less effective.

Researched proprietary blends, EnzymeDisrupt™ & HerbDisrupt™, provide a comprehensive matrix support formulation.

Suggested Use
As a dietary supplement, take 2 capsules twice per day between meals, at least two hours after eating or one hour before eating or as directed by your health care professional.

Cautions
Do not use if pregnant or nursing.

Product No. RN161

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container 60

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Carbohydrate</td>
<td>1 g &lt;1%</td>
</tr>
<tr>
<td>EnzymeDisrupt™ Blend</td>
<td>67 mg †</td>
</tr>
<tr>
<td>Lysozyme (from egg white), Serratiopeptidase, Beta-glucanase, Lipase Protease 4.5, Cellulase, Hemicellulase</td>
<td></td>
</tr>
<tr>
<td>HerbDisrupt™ Blend</td>
<td>605 mg †</td>
</tr>
<tr>
<td>Cranberry (fruit) extract, Berberine, Rosemary (aerial) extract, Peppermint oil powder</td>
<td></td>
</tr>
<tr>
<td>N-acetyl cysteine</td>
<td>300 mg †</td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Vegetable capsule (hypromellose and water), Microcrystalline cellulose
Contains: Ingredients derived from egg.
Free of: Milk, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

Each Serving Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>EnzymeDisrupt™ Blend</td>
<td>Lysozyme, Serratiopeptidase, Beta-glucanase, Lipase, Protease 4.5, Cellulase, Hemicellulase</td>
<td>• Enzymes promoting the body’s normal ability to disrupt extracellular matrices</td>
</tr>
<tr>
<td>HerbDisrupt™ Blend</td>
<td>Cranberry (fruit) extract, Berberine, Rosemary (aerial) extract, Peppermint oil powder</td>
<td>• Clinically researched herbs to support the body’s normal anti-adhesion properties and promote digestive comfort</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Microbial support nutrients to promote the body’s healthy response to invading organisms</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Nutrients to promote healthy level of extracellular mucus</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Herbs to promote healthy microbe colony communication</td>
</tr>
</tbody>
</table>

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Physician’s Daily™
Complete Multivitamin with D3 – Iron free

Features & Benefits*
Physician’s Daily™ is an advanced Multi-vitamin, including:
• High dose Vitamin D3
• Methylated B12 as methylcobalamin
• Methylated Folate as 6(s) 5-methyltetrahydrofolic acid - Quatrefolic®
• Pyridoxal-5-phosphate
• Iron-free

Suggested Use
As a dietary supplement, take one capsule daily with food, or as directed by your health care professional.

Cautions
If pregnant or nursing, consult your health care professional.

Core Minerals™
Balanced Mineral Complex – Iron free

Features & Benefits*
Core Minerals™ provides twelve minerals plus Vitamin D3 in a balanced multi-mineral complex, with each mineral in an easily assimilated form. This iron-free formulation includes Vitamin D3 to aid in calcium absorption.

Suggested Use
As a dietary supplement, take 4 capsules daily with food, divided between AM and PM, or as directed by your health care professional.

Cautions
If pregnant or nursing, consult your health care professional.

Other Ingredients: Vegetable Cellulose (Capsule), Microcrystalline Cellulose, Vegetarian Leucine.
Free of: Gluten
Liposomal Glutathione

**Features & Benefits***

GSH Original™ provides the preferred reduced L-glutathione, the major intracellular antioxidant essential for detoxification in the body, in an absorbable liposomal delivery system. The unique liposome structure allows it to combine effectively with the body’s natural fluids and penetrate its protective membranes, bypassing the digestive system and directly entering the bloodstream. By avoiding the process of digestion, nutrient absorption and utilization is much quicker and more complete. To improve patient compliance, we have modified the pH to reduce the strong sulfur taste and smell, without affecting efficacy. Although not gone completely, the sulfur is less pronounced.

**Suggested Use**

As a dietary supplement, Adults should take 1 teaspoon daily in water or juice before breakfast or as directed by your health care professional. Additional doses may be taken before other meals as well.

**Cautions**

If pregnant or nursing, consult your health care professional before use.

GSH Original™
Liposomal Glutathione

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 teaspoon (5 ml)</th>
<th>Servings per Container: Approx. 24</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>%Daily Value</strong> <strong>†</strong></td>
</tr>
<tr>
<td>Glutathione</td>
<td>450 mg</td>
</tr>
</tbody>
</table>

**†** Percent Daily Values are based on a 2,000 calorie diet. **†** Daily Value not established.

### Each Serving Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
</table>
| Bolsters                  | Glutathione is a tri-peptide composed of the three amino acids L-glutamic acid, L-cysteine and L-glycine | - Known as the master antioxidant because it recycles other antioxidants, such as vitamins C and E  
- As glutathione exists within the cells, it is in a prime position to neutralize free radicals, which can build up in cells and cause damage  
- The strong antioxidant effect of glutathione helps keep cells running smoothly |
| Antioxidant Action        |                                                                                     |                                                                           |
| Promotes                  | Glutathione also helps the liver remove chemicals that are foreign (xenobiotics) to the body, such as drugs and pollutants  
Highest amounts of glutathione are found in the liver and kidneys, which are responsible for the removal of toxic components  
Glutathione is also present in high amounts in the lung lining | - Unique ability to bind to toxins, heavy metals, solvents, and pesticides - and helps the body excrete these substances in either urine or bile  
- Protects against airborne pollutants, and in the intestinal lining, where it bars the absorption of industrial chemicals |
| Detoxification            |                                                                                     |                                                                           |
| Fortifies                  | Glutathione is required to maintain the normal function of the immune system        | - Plays a critical role in the proper function of white blood cells, including T cell lymphocytes and the multiplication of lymphocytes (the cells that mediate specific immunity)  
- Adequate function of white blood cells is essential in mounting an effective immune response  
- Many chronically ill patients have depleted levels of glutathione |
| Immune System             |                                                                                     |                                                                           |

**Other Ingredients:** Deionized water, glycerin, phospholipids (soy), tocopherols, lauric arginate, potassium sorbate, medium chain triglycerides (MCT), organic coconut oil.

Contains: Ingredient partially derived from soy.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten.

Contains: Ingredient partially derived from soy.

**Product No. RN129**

### Features & Benefits

- **Bolsters**
  - **Antioxidant Action**
    - Glutathione is a tri-peptide composed of the three amino acids L-glutamic acid, L-cysteine and L-glycine
    - Known as the master antioxidant because it recycles other antioxidants, such as vitamins C and E
    - As glutathione exists within the cells, it is in a prime position to neutralize free radicals, which can build up in cells and cause damage
    - The strong antioxidant effect of glutathione helps keep cells running smoothly

- **Promotes**
  - **Detoxification**
    - Glutathione also helps the liver remove chemicals that are foreign (xenobiotics) to the body, such as drugs and pollutants
    - Highest amounts of glutathione are found in the liver and kidneys, which are responsible for the removal of toxic components
    - Glutathione is also present in high amounts in the lung lining
    - Unique ability to bind to toxins, heavy metals, solvents, and pesticides - and helps the body excrete these substances in either urine or bile
    - Protects against airborne pollutants, and in the intestinal lining, where it bars the absorption of industrial chemicals

- **Fortifies**
  - **Immune System**
    - Glutathione is required to maintain the normal function of the immune system
    - Plays a critical role in the proper function of white blood cells, including T cell lymphocytes and the multiplication of lymphocytes (the cells that mediate specific immunity)
    - Adequate function of white blood cells is essential in mounting an effective immune response
    - Many chronically ill patients have depleted levels of glutathione
Tri-Fortify™

The Clinically Researched Liposomal Glutathione

Supplement Facts

Serving Size: 1 teaspoon (5 mL)
Servings per Container: Approx. 48

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>30</td>
</tr>
<tr>
<td>Total Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Vitamin C (Ascorbic Acid)</td>
<td>50 mg</td>
</tr>
<tr>
<td>Reduced Glutathione</td>
<td>450 mg</td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Contains: Ingredient partially derived from soy.
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat and gluten.

Heat Stable
We subjected Tri-Fortify™ to 104°F/40°C and 75% Humidity for 90 consecutive days and the product still exceeded label claim.

Suggested Use
As a dietary supplement, gently squeeze the tube to fill 1 teaspoon (5 mL), or open a single serving packet. Hold under tongue for 30-60 seconds and then swallow, or use as directed by your health care professional. Additional doses may be taken before other meals as well.

Shake tube well before use.

Cautions
If pregnant or nursing, consult your health care professional before use.

Each Serving Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bolsters Antioxidant Action</td>
<td>• Glutathione is a tri-peptide composed of the three amino acids L-glutamic acid, L-cysteine and L-glycine</td>
<td>• Known as the master antioxidant because it recycles other antioxidants, such as vitamins C and E</td>
</tr>
<tr>
<td></td>
<td>• Glutathione also helps the liver remove chemicals that are foreign (xenobiotics) to the body, such as drugs and pollutants</td>
<td>• As glutathione exists within the cells, it is in a prime position to neutralize free radicals, which can build up in cells and cause damage</td>
</tr>
<tr>
<td></td>
<td>• Highest amounts of glutathione are found in the liver and kidneys, which are responsible for the removal of toxic components</td>
<td>• The strong antioxidant effect of glutathione helps keep cells running smoothly</td>
</tr>
<tr>
<td></td>
<td>• Glutathione is also present in high amounts in the lung lining</td>
<td></td>
</tr>
<tr>
<td>Promotes Detoxification</td>
<td>• Unique ability to bind to toxins, heavy metals, solvents, and pesticides - and helps the body excrete these substances in either urine or bile</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Protects against airborne pollutants, and in the intestinal lining, where it bars the absorption of industrial chemicals</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Glutathione is required to maintain the normal function of the immune system</td>
<td>• Plays a critical role in the proper function of white blood cells, including T cell lymphocytes and the multiplication of lymphocytes (the cells that mediate specific immunity)</td>
</tr>
<tr>
<td></td>
<td>• Adequate function of white blood cells is essential in mounting an effective immune response</td>
<td>• Many chronically ill patients have depleted levels of glutathione</td>
</tr>
<tr>
<td>Fortifies Immune System</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Glycerin, phospholipids (soy), medium chain triglycerides, natural flavor.

Squeeze onto spoon & enjoy!
MetalPul™
Heavy Metal Support*

Features & Benefits*
MetalPul™ provides the physician with a pure humic acid based product that supports the body’s natural detoxification process without stressing the kidneys or liver. Pure humic acid, without fulvic acid (fulvic acid enters blood stream to bind, excreting through kidneys), promotes cleansing from the intestinal tract, excreting through the bowel (reducing organ stress). Through its negative electrical charge, humic acid pulls the positively charged impurities out of the blood so they will not be reabsorbed, binding with them in the intestine. By not circulating toxins in the blood stream and providing an opportunity for them to be absorbed by the kidneys, humic acid provides a less toxic option for health care professionals while also minimizing the ill-feelings that patients often report when starting such a program using DMPS, DMSA or EDTA. An effective detoxification system reduces the demands on glutathione, as glutathione is freed from binding with these impurities. This complete complex includes vitamin C to stabilize the humic acid bonds, organic cilantro to help move toxins from deep within the body, and broken wall chlorella for additional binding and removal.

Suggested Use
As a dietary supplement, take 3 capsules once daily on an empty stomach (at least 2 hours after eating or one hour before eating) or as directed by your health care professional. It is recommended to take a multi-mineral such as Core Minerals™ at the opposite time of day while using MetalPul™.

Cautions
If pregnant or nursing, consult your health care professional before use.
**C-RLA™**
Liposomal Vitamin C & R-Lipoic Acid

**Features & Benefits***

C-RLA™ offers a safe, efficacious delivery system of High Dose Vitamin C and R-Lipoic Acid in one formulation. Each serving contains 1500mg of Vitamin C and 70mg of R-Lipoic Acid in a natural (GMO-free) liposomal preparation. As most oral Vitamin C doses above 250mg are very poorly absorbed, the only efficacious high dose oral delivery system is via liposomes. Many doctors supplement in-office Vitamin C drips with C-RLA™ so the patients continue to receive the benefit of high-dose Vitamin C without stomach distress.

Lipoic acid helps protect against oxidative stress generated by high glucose levels. Alpha-lipoic acid consists of two different forms (isomers) that have vastly different properties. The “R” form is the biologically active component (native to the body) that is responsible for lipoic acid’s phenomenal antioxidant effect. The “S” form is produced from chemical manufacturing and is much less effective. Typical alpha-lipoic acid supplements consist of the “R” and “S” form in a 50/50 ratio. Pure R-lipoic acid may be 10 times more effective than other forms of lipoic acid and has been called the “mitochondrial antioxidant” because it is a key component of mitochondrial dehydrogenase complexes. The pure R-Lipoic Acid in C-RLA™ supports a healthy inflammatory response and is a potent free-radical scavenger.

**Suggested Use**
As a dietary supplement, take 2 teaspoons (10mL) daily (optionally in water), away from food, or as directed by a health care professional. Additional doses may be taken. Shake well before use. Refrigerate after opening.

**Cautions**
If pregnant or nursing, consult your health care professional before use.
CoreBiotic™
Advanced Spore Based Probiotic

Features & Benefits

CoreBiotic™ combines three spore forming probiotics to help promote the development of a healthy digestive microbiome. Spore based probiotics are derived from the soil. Traditionally when people consumed organic produce they ingested soil-based probiotic organisms (SBO). These SBO’s helped maintain a normal microbiome in the intestines. Today with processed foods containing pesticide and hormone residues, people do not consume these beneficial SBO bacteria leading to dysbiosis or microbial imbalance.

Because they are derived from soil and not from dairy, SBO’s are heat stable, dairy-free, pesticide-free, and hormone-free. Safety for humans has been established by double-blind, randomized, placebo-controlled trials.

Spore forming probiotic bacteria can withstand stomach and bile acid. This allows them to pass into the intestines safely without degradation. Once in the intestines they leave the spore form and produce lactic acid which has natural antibacterial properties to prevent growth of pathogenic bacteria. This competitive inhibition helps the beneficial probiotic bacteria proliferate.

Each probiotic in CoreBiotic™ is identified by genomic sequencing for a specific strain. Only strain-specific probiotics have undergone rigorous genomic studies, guaranteeing accurate strain specificity, potency and safety. Each of the strains in CoreBiotic™ has research on its safety and efficacy.

Suggested Use
Take 2 capsules once daily at least 30 minutes before eating.

Cautions
If pregnant or nursing, consult your health care professional before use.

<table>
<thead>
<tr>
<th>Each Capsule Includes:</th>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
</table>
| Probiotic complex      | Bacillus subtilis (DE111 strain) | • Research showing increase in beneficial Bifidobacterium  
• Supports the normal immune reaction of intestinal cells  
• Communicates with intestinal cells to maintain healthy gut barrier function  
• Works via competitive exclusion (to the detriment of harmful bacteria)  
• Isolated and described in 1915. It is considered to be a normal inhabitant of the gut in animals and humans |
| Bacillus Coagulans (SNZ1969) | • Survives gastric acid barrier and produces L+ Lactic acid which is beneficial to the gut  
• Safely used as a probiotic for more than 45 years |
| Bacillus coagulans (Lactospore strain MTCC 5856) | • Works via competitive exclusion (to the detriment of harmful bacteria)  
• Helps regulate gastrointestinal motility |
| Prebiotic              | Vitaﬁber® (from cassava root) | • Organic prebiotic fiber to promote colonization of probiotic bacteria  
• Efficacy with smaller dose |

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 30

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organic Vitaﬁber™ (prebiotic)</td>
<td>660 mg †</td>
</tr>
<tr>
<td>CB Complex</td>
<td>11 Billion CFU †</td>
</tr>
</tbody>
</table>

†  Daily Value not established.
††  Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Capsule shell (hypromellose, water), low moisture rice dextrin, medium chain triglycerides
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
CoreBiotic™ Sensitive
Prebiotic-Free for Sensitive Patients

Features & Benefits
CoreBiotic™ Sensitive was specifically developed for patients who are sensitive to prebiotics and/or are following a low FODMAP diet. CoreBiotic™ Sensitive includes the same 11 billion CFU’s per dose and the same researched-based strains as CoreBiotic™, but without the VitaFiber™. See CoreBiotic™, previous page for additional features and benefits.

Suggested Use
Take 2 capsules once daily at least 30 minutes before eating.

Cautions
If pregnant or nursing, consult your health care professional before use.

Product No. RN163

Prebiotic-Free
Dairy Free

CB Complex
11 Billion CFU†
Bacillus Coagulans (SNZ1969), Lactospore® (Bacillus coagulans MTCC5856), Bacillus Subtilis (DE111)

Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 30

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>CB Complex</td>
<td>11 Billion CFU†</td>
</tr>
</tbody>
</table>

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Capsule shell (hypromellos, water), low moisture rice dextrin, medium chain triglycerides
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

“Researched” - the first word in our company name, was chosen to communicate our research-driven culture. Research is always in process...

QUESTIONS?
Contact Debby Hamilton, MD, MPH
Director of Physician Education & Clinical Trials

Questions?
dhamilton@researchednutritionals.com
**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**

**TocoPure™ D&G**

**Cardiovascular, Immune & NF-kB Support***

**Features & Benefits***

TocoPure™ D&G is pure tocotrienol derived from the beans of the annatto plant. The benefit of annatto derived tocotrienols is that they contain 100% delta and gamma tocotrienols and no tocopherols (which may reduce the absorption of the potent tocotrienol compounds). The power of pure tocotrienols, especially high levels of the delta and gamma tocotrienols includes promoting healthy cellular apoptosis, supporting normal LDL cholesterol levels and cytokine activity (supporting NF-kB management). As an extremely powerful antioxidant, pure tocotrienols play a key role in maintaining cellular membrane health.

**Suggested Use**

As a dietary supplement, take one to two softgels daily, with a meal (preferably dinner, as product is best absorbed when consuming dietary fat) or as directed by your health care professional. Higher doses of two or three softgels may be taken in divided doses.

**Cautions**

If pregnant or nursing, consult your health care professional before use.

---

**Resveratrol Youthful Aging™**

**Longevity Antioxidant Formula***

**Features & Benefits***

Resveratrol Youthful Aging™ combines the activated form of natural trans-resveratrol with red wine extract, green tea extract and grape seed extract. The research indicates that combining natural trans-resveratrol with other polyphenols provides greatest efficacy. 100% vegetarian product.

**Suggested Use**

As a dietary supplement, take 2 capsules daily with or without food. Some research shows resveratrol is best absorbed in the morning, away from dairy.

**Cautions**

If pregnant or nursing, consult your health care professional before use.
**H₂ Absorb™**
Effervescent Antioxidant

**Features & Benefits***

Molecular Hydrogen (two atoms of hydrogen combined into one molecule) is a powerful antioxidant that selectively targets the most toxic of free radicals, the hydroxyl group. The ability to selectively target free radicals is important as it means that it will not interfere with adjunctive therapies doctors may be pursuing.

The healthy body creates free radicals as a result of normal activity & metabolism. These free radicals, known as ROS (reactive oxygen species) or RNS (reactive nitrogen species) are kept in check by the healthy body, maintaining normal mitochondrial function. Health challenges, including chemical exposure or physical stress, provide additional obstacles to maintaining this balance.

In contrast to many antioxidants, hydrogen gas is able to penetrate the blood brain barrier.

**Suggested Use**

As a dietary supplement, place one tablet in approximately 8 oz. of non-carbonated water, wait for tablet to dissolve and drink immediately. Repeat twice daily or as directed by your health care professional.

**Cautions**

If pregnant or nursing, consult your health care professional before use.
**Soothe & Relaxx™**

All-In-One Joint, Soft Tissue & Muscle Support*

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 3 Capsules</th>
<th>Servings Per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>Daily Value</strong>**</td>
</tr>
<tr>
<td>Pro Joint Soothers™</td>
<td>1,375 mg</td>
</tr>
<tr>
<td>Glucosamine Sulfate, MSM, Chondroitin Sulfate, Hyaluronic Acid</td>
<td>1†</td>
</tr>
<tr>
<td>Muscle &amp; Leg Calmer™</td>
<td>750 mg</td>
</tr>
<tr>
<td>Magnesium Hydroxide, Malic Acid</td>
<td>1†</td>
</tr>
<tr>
<td>Relaxx™ Complex</td>
<td>275 mg</td>
</tr>
<tr>
<td>5-HTP (as 5-hydroxy tryptophan), Valerian, Lemon Balm, Passion Flower, German Chamomile</td>
<td>1†</td>
</tr>
<tr>
<td>ExInflame™ Complex</td>
<td>165 mg</td>
</tr>
<tr>
<td>White Willow Bark (standardized to 15% salicylic acid), Boswellin (standardized to 65% boswellic acid), CurcuWIN™ Turmeric Extract, Holy Basil</td>
<td>1†</td>
</tr>
</tbody>
</table>

**Percent Daily Values are based on a 2,000 calorie diet.**

† Daily Value not established.

---

**Features & Benefits**

Soothe & Relaxx™ combines soft tissue, joint and muscle support with the proprietary Relaxx™ Complex to calm the mind.

**Suggested Use**

As a dietary supplement, take three capsules twice daily with or without meals or as directed by your health care professional.

**Cautions**

5-HTP should not be taken with prescription antidepressants such as MAO inhibitors and SSRI’s or with Parkinson’s medications. White Willow Bark, the active ingredient in aspirin, should not be taken with blood thinning medications or potassium sparing diuretics. If pregnant or nursing, consult your health care professional before use.

---

**Each Capsule Includes:**

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
</table>
| Pro Joint Soothers™ | Proprietary blend of glucosamine sulfate, MSM, chondroitin sulfate, hyaluronic acid | • Supports connective tissue  
• Lubricates joints  
• Promotes joint resilience, elasticity and overall strength |
| ExInflame™ Complex | Proprietary blend of White Willow Bark, Boswellin, Curcumin Extract, Holy Basil | • Promotes a healthy inflammation response |
| Muscle & Leg Calmer™ | Proprietary blend of magnesium hydroxide and malic acid | • Calms muscle contractions and relaxes the body’s muscles |
| Relaxx™ Complex | Proprietary blend of 5-HTP, Valerian, Lemon Balm, Passion Flower, German Chamomile | • Relaxes and calms the mind  
• Promotes healthy sleep patterns |
| Folic Acid | As 5-methyl-tetrahydrofolate | • Promotes calm legs |
Omega-3 Plus™
Pure High Potency Fish Oil

Features & Benefits*
Omega-3 Plus™ contains 360 mg EPA and 240 mg DHA in each absorbable softgel. Omega-3 Plus™ is processed utilizing high vacuum molecular distillation. This more expensive processing guarantees the highest purity EPA/DHA available. Each batch is subjected to stringent testing to assure every soft gel is free of heavy metals and other contaminants.

Suggested Use
As a dietary supplement, take two soft gels daily with food.

Cautions
If pregnant or nursing, consult your health care professional before use.

Supplement Facts
Serving Size 2 Softgels Servings Per Container 30

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>20</td>
</tr>
<tr>
<td>Total Fat</td>
<td>2 g 3%**</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
<td>1 g †</td>
</tr>
<tr>
<td>Protein</td>
<td>&lt; 1 g 1%**</td>
</tr>
<tr>
<td>Natural Fish Oil Concentrate</td>
<td>2 g (2000 mg) †</td>
</tr>
<tr>
<td>Omega-3 Fatty Acids:</td>
<td></td>
</tr>
<tr>
<td>Eicosapentaenoic Acid (EPA)</td>
<td>720 mg †</td>
</tr>
<tr>
<td>Docosahexaenoic Acid (DHA)</td>
<td>480 mg †</td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Softgel capsule (bovine gelatin, glycerin, water) and natural d-alpha tocopherol.
Contains: Fish (anchovies) and soy derivatives.
Free of: Milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat and corn.

Each Softgel Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Molecularly</td>
<td>Maximum Purity</td>
<td>• Guarantees highest quality and freshest Omega-3</td>
</tr>
<tr>
<td>distilled</td>
<td></td>
<td>• Ensures your patients of the highest quality, potency and purity</td>
</tr>
<tr>
<td>Guaranteed Purity</td>
<td>Tested to be free of potentially harmful levels of heavy metals &amp; other contaminants</td>
<td></td>
</tr>
</tbody>
</table>
CogniCare®
Mental Acuity & Focus*

Features & Benefits*
CogniCare® provides a comprehensive cognitive support formula with proprietary blends of the most researched nutrients for mental clarity and processing activities.

Suggested Use
As a dietary supplement, take two capsules twice daily with meals or as directed by your health care professional.

Cautions
If you have low blood pressure, have a history of heart problems, strokes or are using blood-thinning medications, AChE inhibitors, glaucoma or bipolar medications, consult your doctor before using this product. For adult use only. Not for use by pregnant, may become pregnant, or nursing women.

Product No. RN128

Supplement Facts
Serving Size: 2 capsules
Servings per Container: 60

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin B-6 (Pyridoxine HCl)</td>
<td>10 mg</td>
<td>588%</td>
</tr>
<tr>
<td>Vitamin B-12 (as methylcobalamin)</td>
<td>2500 mcg</td>
<td>104,167%</td>
</tr>
<tr>
<td>NeuroTransmitter™ Complex L-Glutamine</td>
<td>650 mg</td>
<td>†</td>
</tr>
<tr>
<td>NeuroTransmitter™ Complex L-Tyrosine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NeuroTransmitter™ Complex Phosphatidyl</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NeuroTransmitter™ Complex Serine, Huperzine A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ultimate Focus™ Complex Acetyl-L-Carnitine, Vinpocetine</td>
<td>780 mg</td>
<td>†</td>
</tr>
</tbody>
</table>

† Daily Value not established.
** Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Vegetable cellulose (capsule shell), dicalcium phosphate, silica.
Contains: Ingredients derived from soy.
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten.

Each Capsule Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>NeuroTransmitter™ Complex</td>
<td>Proprietary blend of Huperzine A, L-glutamine, L-tyrosine, Phosphatidyl Serine</td>
<td>• Supports healthy cognitive performance</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Promotes healthy acetylcholine levels</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Modulator of inhibitory and excitatory neurotransmitters</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Allows brain cells to metabolize glucose</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Modulates the fluidity of cell membranes -- essential for sending and receiving messages</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Promotes a healthy number of membrane receptor sites for receiving messages</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Restores brain’s supply of and output of acetylcholine</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Plays important role in production of neurotransmitters, which regulate emotions</td>
</tr>
<tr>
<td>Ultimate Focus™ Complex</td>
<td>Proprietary blend of Acetyl L-Carnitine and Vinpocetine</td>
<td>• Promotes healthy blood circulation within the brain</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Nurtures healthy neural levels of acetylcholine, a major neurotransmitter which assists memory and proper brain function</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Advances the body’s ability to fight oxidative stress</td>
</tr>
<tr>
<td>ProAcuity &amp; Mood Complex™</td>
<td>B-12 (methylcobalamin form), B-6</td>
<td>• Promotes healthy mental mood function</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Supports normal memory and verbal function</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Promotes healthy mental acuity</td>
</tr>
</tbody>
</table>

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
**Cognition**

*Neuroplasticity Support Formula*

**Features & Benefits**

BDNF Essentials™ is a comprehensive supplement designed to support your brain’s healthy response to environmental challenges, as well as promote healthy brain activity with aging. BDNF Essentials™ contains targeted herbs, mushrooms, and nutrients found to have brain supporting and protective properties that support memory, concentration, and cognitive processing. Many of these ingredients have been found in research to promote healthy formulation of nerve growth factors such as BDNF that help with neuroplasticity.

**Suggested Use**

Take 2 capsules twice daily with or without meals, or as directed by your health care professional.

**Cautions**

If pregnant or nursing, consult your health care professional before use.

**Each Tablet Includes:**

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>NeuroCyto Protect™ Blend</td>
<td>• Skullcap • Ashwagandha • Bacopa • Lion’s Mane • Bilberry</td>
<td>• Promotes healthy BDNF formation • Supports normal cytokine levels • Nurtures a healthy mood</td>
</tr>
<tr>
<td>Cognition Blend</td>
<td>• Phosphatidylserine • Citicholine</td>
<td>• Support healthy cognitive function • Promote healthy cellular membrane function • Promotes healthy cortisol levels</td>
</tr>
</tbody>
</table>

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings Per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Per Serving</td>
<td>%Daily Value**</td>
</tr>
<tr>
<td>Choline (as Cytidine Diphosphate)</td>
<td>25 mg 5%</td>
</tr>
<tr>
<td>Choline Sodium Salt***</td>
<td></td>
</tr>
<tr>
<td>Sodium (as Cytidine Diphosphate)</td>
<td>5 mg &lt;1%</td>
</tr>
<tr>
<td>Choline Sodium Salt***</td>
<td></td>
</tr>
<tr>
<td>NeuroCyto Protect™ Blend</td>
<td>1175 mg ↑</td>
</tr>
<tr>
<td>Lions Mane Mushroom (Hericium erinaceus) mycelium Powder, Skullcap (Scutellaria lateriflora) Herb Powder, Bilberry (Vaccinium myrtillus) Fruit Extract, Bacopa (Bacopa monnieri) Herb Powder, Sensoril® Ashwagandha (Withania somnifera) Root and Leaf Extract</td>
<td></td>
</tr>
<tr>
<td>Cognition Blend</td>
<td>175 mg ↑</td>
</tr>
<tr>
<td>CDP Choline Sodium Salt, Sharp-PS® Phosphatidylserine</td>
<td>** Percent Daily Values are based on a 2,000 calorie diet. ↑ Daily Value not established.</td>
</tr>
</tbody>
</table>

*Other Ingredients: Hypromellose (capsule), leucine. **Sodium and Choline are from Cognition Blend Sensoril® is a registered trademark of NutraGenesis, LLC. Sharp-PS® is a registered trademark of Enzymotec USA, Inc.

Contains: Ingredients derived from soy.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten.

Contains: Ingredients derived from soy.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten.

**GMO-FREE**

**VEGAN**

**DAIRY FREE**

**HEAT STABLE**

**REFRIGERATION NO**

**SOY FREE**

**ADVANCED FORMULA**

**GREAT TASTE!**
**InflaQuell™**

**Buffered Enzymatic Support***

**Features & Benefits***

InflaQuell™ is a proteolytic enzyme system formulated to promote a healthy inflammation response by the body:

- Uniquely formulated to promote a healthy inflammation response versus a general enzyme product formulated for both digestion and inflammation support
- Buffered with ginger for your sensitive patients' stomachs
- 100% vegetarian formula removes the concerns about porcine or bovine based products
- Works in a wide pH range (2.75 – 7.8), providing optimal absorption versus animal sourced enzymes which work well only in a more alkaline medium

**Suggested Use**

As a dietary supplement, take three capsules twice daily at least two hours after eating or one hour before eating, or as directed by your health care professional.

**Cautions**

This product may increase the absorption and distribution of certain pharmaceuticals. If taking prescription medication or if pregnant or nursing, consult your health care professional before use. Systemically used proteases have anti-thrombic actions. Persons with bleeding disorders, or those who are taking anti-thrombic medications, may experience increased clotting times. This product may irritate gastric ulcers.

**Each Capsule Includes:**

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
</table>
| InflaQuell™ 100 Blend     | Protease 6.0 Bromelain Serrazimes® Papain | Plant based pancreatin alternative
|                           |                                       | Protease consisting of amylase and lipase obtained from the fermentation of Aspergillus oryzae and Aspergillus niger
|                           |                                       | Pineapple sourced enzyme promoting healthy white blood cell count
|                           |                                       | Promotes healthy allergic response system
|                           |                                       | Proteolytic enzyme system derived from Aspergillus oryzae and Aspergillus mellus which has been designed as an alternative to serratio-peptidase in dietary supplements used to promote healthy cardiovascular, anti-inflammatory, respiratory & immune function
|                           |                                       | Papaya sourced enzyme promoting a healthy inflammation response |
| Pro Capillary & Buffering Blend™ | Pro Capillary & Buffering Blend™ | A bioflavonoid that nutures antioxidant and anti-inflammatory activities
|                           |                                       | Gently buffers the capsules for sensitive patients |

**Supplement Facts**

- **Serving Size:** 3 Capsules
- **Servings per Container:** 60

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>InflaQuell™ 100 Blend</td>
<td>930 mg †</td>
</tr>
<tr>
<td>Pro Capillary &amp; Buffering Blend™</td>
<td>450 mg †</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Vegetable cellulose, rice bran, and water.

Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.
CytoQuel®
Pro-Inflammatory Cytokine Support*

Supplement Facts
Serving Size: 3 Capsules
Servings Per Container: 30

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>CQ™ Blend 1850 mg †</td>
<td>** Daily Value not established.</td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Vegetable capsule, l-leucine, silicon dioxide.
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

Features & Benefits
Current research has focused on the impact of pro-inflammatory cytokines on inflammation levels. During an infection, the body naturally produces pro-inflammatory cytokines as part of its defense mechanism. The healthy body balances pro-inflammatory cytokines with anti-inflammatory cytokines. However, if these pro-inflammatory cytokines (i.e. IL-1, IL-6, IL-8, IL-17, IL-23), Tumor Necrosis Factor-alpha (TNF-α), Nuclear Factor kappa Beta (NF-kβ) continue in the “on position” and inflammation levels remain high, adverse health may be the result.

CytoQuel® has been developed to promote healthy cytokine activity. Based on the latest published research, CytoQuel® offers you and your patients an effective new tool in the quest for healthy inflammation levels.

Suggested Use
Take three capsules once per day with a meal. Sensitive patients may start with one capsule per day with a meal for the first week, and then move up to three capsules per day in week two and beyond, or use as directed by your health care professional. For best results take away from Vitamin E (tocopherol).

Cautions
If pregnant or nursing, consult your health care professional.

Each Capsule Includes:

<table>
<thead>
<tr>
<th>Features</th>
<th>Constituents/Actions</th>
<th>Benefits*</th>
</tr>
</thead>
<tbody>
<tr>
<td>CQ™ Blend</td>
<td>N-acetyl cysteine (NAC)</td>
<td>• Promotes healthy NF-k Beta, IL-6, IL-8 levels</td>
</tr>
<tr>
<td>Black Tea Extract</td>
<td>Black Tea Extract (50% EGCG)</td>
<td>• High level of the polyphenol, EGCG</td>
</tr>
<tr>
<td></td>
<td>N-Acetyl Cysteine</td>
<td>• Promotes healthy levels of IL-23, which controls IL-17 levels</td>
</tr>
<tr>
<td></td>
<td>CurcuWIN™ Turmeric Extract</td>
<td>• Supports healthy levels of NF-k Beta, TNF-α, IL-1 beta, IL-6, IL-8 (Herxheimer reactions increase TNF-α, IL-6 &amp; IL-8)</td>
</tr>
<tr>
<td>CurcuWIN™ Turmeric extract</td>
<td></td>
<td>• Promotes healthy levels of IL-6, IL-17, IL-21</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Published research demonstrating highest bioavailable form of turmeric</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• CurcuWIN combines curcumin with a hydrophilic (allowing it to disperse in water) carrier, using the UltraSOL™ molecular dispersion technology. UltraSOL converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients.</td>
</tr>
<tr>
<td>DeltaGold® Tocotrienols</td>
<td></td>
<td>• 100% delta and gamma tocotrienols and no tocopherols (which may reduce the absorption of the potent tocotrienol compounds).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Promotes healthy inhibition levels of NF-k Beta &amp; nitric oxide</td>
</tr>
<tr>
<td>Resveratrol (Natural Trans-Resveratrol)</td>
<td></td>
<td>• Promotes healthy inhibition levels of TNF-α, IL-1 beta, IL-6 &amp; NF-k Beta</td>
</tr>
</tbody>
</table>
Curcumin Pure™
Ultra Absorbable Turmeric Extract*

Features & Benefits

Curcumin Pure™ offers physicians a standalone curcumin product featuring CurcuWIN™ brand turmeric extract. Published research shows CurcuWIN™ providing absorption at a rate of 46 times standard curcumin and over 6 to 30 times greater than other enhanced curcumin products. CurcuWIN™ combines curcumin with UltraSOL™, a molecular dispersion technology. UltraSOL converts lipophilic (fat loving or fat absorbing) nutrients into water-dispersible ingredients. Curcumin is notoriously hydrophobic (not absorbed in water), reducing the body’s ability to efficiently utilize the nutrient. CurcuWIN™ utilizes the UltraSOL™ technology platform creating molecular dispersion. The micro particles are then coated with food-grade excipients and antioxidants to protect and stabilize the curcumin. The excipients facilitate better dispersion in aqueous solution while the antioxidants protect and facilitate more efficient utilization within the body.

Suggested Use

As a dietary supplement, take 1 to 2 capsules once daily with or without food, or as directed by your health care professional.

Cautions

If pregnant or nursing, consult your health care professional before use.

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**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>CurcuWIN™ Turmeric Extract</td>
<td>500 Mg †</td>
</tr>
</tbody>
</table>

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Cellulose (capsule shell), rice flour.
Free of: Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

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<table>
<thead>
<tr>
<th>Each Capsule Includes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Features</td>
</tr>
</tbody>
</table>
| CurcuWIN™ turmeric extract | • Pure curcumin with UltraSOL™ molecular dispersion technology | • 46 times more absorbable than traditional turmeric extract  
• Contains a minimum of 20% curcuminoids |
### HistaQuel™
#### Comprehensive Allergy Support*

**Supplement Facts**
- **Serving Size:** 2 Capsules
- **Servings Per Container:** 60

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mast Cell Secure™</td>
<td>460 mg †</td>
</tr>
<tr>
<td>HistaCheck™</td>
<td>380 mg †</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Hypromellose (vegetable capsule), organic rice hulls, l-leucine.

*Free of:* Milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten.

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### Features & Benefits*

**Features**
- Mast Cell Secure™
- HistaCheck™

**Constituents/Actions**
- Fisetin, Luteolin, Perilla frutescens, Quercefit™
- Quercetin Phytosome®
- Nettle (leaf), Butterbur (root) Extract

**Benefits***

- **Mast Cell Secure™**
  - Targeted flavonoid blend supports a healthy mast cell release of histamine
  - Moderates interactions between mast cells and activated T cells.
  - Supports a healthy Th2 release of allergy promoting cytokines IL-4 and IL-5
  - Supports a healthy IgE mediated release of histamine
  - Highly bioavailable form of Quercetin with 20 times increased absorption compared to standard Quercetin in published research

- **HistaCheck™**
  - Promotes a healthy level of histamine to bind to its receptors by competitive inhibition
  - Supports management of a healthy immune system response to allergens

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**Cautions**

- If pregnant or nursing, consult your health care professional before use.

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**Suggested Use**

Take 2 capsules twice per day with or without meals.

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**Features**
- Allergies may develop as a result of many environmental conditions. When exposed to an allergen, the human body produces a natural mast cell activation response. This mast cell activation causes a release of histamine which when released, binds to histamine receptors causing common allergy symptoms.

HistaQuel™ combines a combination of flavonoids shown to support healthy mast cell function by promoting a healthy amount of histamine release, along with herbs shown to block histamine from attaching to receptors via competitive inhibition.

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**Product No. RN167**
**BDNF Essentials™**

*Promote healthy brain function*

- Promotes healthy BDNF formation*
- Supports healthy neuro cytokine levels*
- Nurtures healthy cognitive function*
- Supports normal neuroplasticity & neurogenesis*

**H₂ Absorb™**

*Neuro Antioxidant Support*

- Promotes healthy Nrf-2 support (master controller of antioxidants)*
- Supports mitochondria via healthy response to hydroxyl radical*
- Cultivates healthy response to noggin discomfort*

**CytoQuel®**

*Complete Healthy Cytokine Formula*

- Promotes body’s healthy response to cytokine activity*
- Supports healthy sleep state*
- Encourages healthy quality of life outcomes*

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